## Bulldogs Show Improvement By Maggi Nieman

The Bulldogs showed improvement during the Triplains Invitational Meet at Colby on Tuesday, April 14, 2015. Most of the Bulldog's times and distances got better from their first meet of the year on Friday.

Points that were scored for the boy's team were from Cole Ziegelmeier in the 3200 meter run placing 3<sup>rd</sup> with a time of 11:53.35, and in the 1600 meter run placing 6<sup>th</sup> with a time of 5:23.30.

Francisco Villa improved all of his times in the 100, 200, and 400 meter runs and the long jump events. "For our boys, their goal should be to improve first, worrying about placing second," said head coach Travis Smith. "As their times and distances improve they will have a better chance to place." "Not everyone is a track athlete," added Smith. "What I'm wanting is for these boys to get faster and become better overall athletes."

Results from the meet are listed below with improved times marked \*

100m: Koi Wessel 14.02, \*Francisco Villa 15.21, Jeron Schutte, 15.78.

200m: Kade Wessel 29.26, \*Francisco Villa 31.42

400m: Nick Brown 1:06.89, \*Kade Wessel 1:07.76, \*Francisco Villa 1:11.90

800m: \*Devin Carter 2:37.81, Jesus Aragon 2:39.86, \*Nick Brown 2:45.63

1600m: Cole Ziegelmeier 5:23.30, Clayton Bange 5:38.09, \*Devin Carter 5:51.88

3200m: \*Cole Ziegelmeier 11:53.35, Clayton Bange 12:13.56

4x100m Relay: Jesus Aragon, Kade Wessel, Koi Wessel, Dawson Spresser 54.85

4x400m Relay: Jesus Aragon, Dawson Spresser, Koi Wessel, Kade Wessel 4:33.67

4x800m Relay: Jesus Aragon, Cole Ziegelmeier, Clayton Bange, Devin Carter 9:59.85

Shot Put: Jeron Schutte 31' 2.25"

Discus: Devin Carter 73' 6", Jeron Schutte 71' 8", Nick Brown 70' 5"

Javelin: Jeron Schutte 92' 5", Koi Wessel 92'-1"

Long Jump: \*Dawson Spresser 15' 11.25", \*Francisco Villa 12' 10"

Triple Jump: \*Dawson Spresser 34' 8"

The Golden Plains Bulldogs will travel to Logan for the Northern Valley Invitational Meet on Tuesday, April 21, to continue to develop their times and distances.